

# TasteBuds Signature Selections Menu

Oct 1, 2025

## **RED CURRY CHICKEN (IND \$28, FAMILY \$102)**

Marinated red curry chicken tenders and jasmine rice with a creamy coconut curry sauce - served with Thai tomato cucumber salad with a spicy sweet and sour dressing

## **HONEY DIJON SALMON (IND \$29, FAMILY \$106)**

Baked salmon with honey dijon glaze, served with cranberry & apple stuffed baked sweet potatoes and green beans

## **TUSCAN ROSEMARY PORK (IND \$26, FAMILY \$94)**

Herb marinated pork tenderloin roasted with cherry tomatoes and white wine - served over Parmesan orzo with sauteed zucchini

## **STUFFED PEPPER SOUP (IND 24, FAMILY \$88)**

Sweet peppers, grassfed ground beef, and rice simmered into an herb-seasoned tomato broth. Served with simple mixed greens salad with shaved Parmesan, croutons, and red wine vinaigrette

## **HARVEST COBB SALAD (IND CHICKEN \$28, SHRIMP \$30)**

Mixed greens with hard boiled egg, bacon, roasted butternut squash, almonds, blue cheese, and honey mustard vinaigrette - served with savory almond flour biscuits

TASTEBUDS PERSONAL CHEF SERVICE  
EAT. RELAX. SIMPLIFY.



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## Ordering Details:

**Order available for pickup on Wednesday, October 1  
from 12pm-4pm  
(limited availability for pickup outside that window)**

**Pickup Address: 5321 Jaycee Ave, Suite B, Harrisburg**

**All pricing subject to 6% PA sales tax.**

**ORDERS DUE BY 5 PM ON Monday, Sept 29**

**To Order:  
Contact Linda  
email ([linda@tastebudspersonalchef.com](mailto:linda@tastebudspersonalchef.com))**

**Questions? Email Linda or call 717-736-2579**

**Please notify TasteBuds regarding ALL food allergies  
or sensitivities. Requests must be made at time of  
order. If you have questions about meal ingredients,  
please ask so we can ensure your health.**

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